



**FAMILY EYE**  
WELLNESS  
FOR VISION. FOR HEALTH. FOR LIFE.

# SYMPTOM CHECKLIST

**If you or someone you know struggles with reading and learning, review this checklist and mark which symptoms are present.**

- 1. Skips lines while reading or copying
- 2. Loses place while reading or copying
- 3. Skips words while reading or copying
- 4. Substitutes words while reading or copying
- 5. Rereads words or lines
- 6. Reverses letters, numbers or words
- 7. Uses a finger or marker to keep place while reading/writing
- 8. Reads very slowly
- 9. Poor reading comprehension
- 10. Difficulty remembering what has been read
- 11. Holds head too close when reading/writing (within 7-8 in.)
- 12. Squints, closes, or covers one eye while reading
- 13. Unusual posture/head tilt when reading/writing
- 14. Headaches following intense reading/computer work
- 15. Eyes hurt or feel tired after completing a visual task
- 16. Feels unusually tired after completing a visual task
- 17. Double vision
- 25. Difficulty tracking moving objects
- 26. Unusual clumsiness, poor coordination
- 27. Difficulty with or avoiding sports
- 28. Eye turns in or out
- 29. Sees more clearly with one eye than the other
- 30. Feels sleepy while reading
- 31. Visual perceptual or visual processing problems (memory, directions, processing speed)
- 32. Visual motor integration disorders
- 33. Non-Verbal Learning disorders
- 34. Performance scores lower than verbal scores
- 35. Dislikes tasks requiring sustained concentration
- 36. Avoids near tasks such as reading
- 37. Confuses right and left directions
- 38. Becomes restless when working at his/her desk
- 39. Tends to lose awareness of surroundings when concentrating
- 40. Must "feel" things to see them
- 41. Car sickness

- 18. Vision blurs at distance when looks up from near work
- 19. Letters or lines “run together” or words “jump” when reading
- 20. Print seems to move or go in and out of focus when reading
- 21. Poor spelling skills
- 22. Writing is crooked or poorly spaced
- 23. Misaligns letters or numbers
- 24. Makes errors copying
- 42. Eyes bothered by light
- 43. Unusual blinking
- 44. Unusual eye rubbing
- 45. Dry eyes
- 46. Watery eyes
- 47. Red eyes

**If you experience any of the following symptoms, consider scheduling a functional vision evaluation with Dr. Patel at Family Eye Wellness. Learn more at <https://www.familyeyewellness.com>.**